

Christ Episcopal Church

A Church Family, Alive in Christ

For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. John 3:16

The Caller



Volume 4, Issue 6
June 2009
321 West Avenue
Red Wing MN 55066
651-388-0411
christchurchredwing.com

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Conservation of Faith, Outreach and Our Environment – Part Two

Last month, I wrote about how *Conservation* is more than just taking care about the environment, also about reaching out to our neighbors and nourishing our souls. This month I would like to continue this line of thought by looking at how we (the Vestry, Staff, Committees and I) spend our congregation's money and what we are doing to save money, support one another and have enriching and prayerful moments for those coming to worship.



We have been a doing a good job of watching our spending and reducing our paper usage in the printing of our worship aid each week. The vestry also approved to purchase reusable project covers to recycle printed music outside of our hymnal to reduce waste of reprinting costs. This past week our Youth Group went to Ronald McDonald House in Rochester to serve the families a homemade meal there while their child/teenager receive medical treatment at St. Mary's Hospital or the Mayo Clinic. Last month, I encouraged those who do not have computer accessibility to think seriously of learning how a computer works and trying to learn how to use the Internet. I would like you to still pray and ponder this not as an impossible task or beyond your ability, but as another way to conserve our resources, help us reduce expenditures to our budget and receive quicker information about parish news. Those who are already using the Internet, I would encourage you to contact the parish office and help us update your email address. With Pat Welke as the Editor of the Newsletter, Resident Computer Instructor (who will help give free workshops/lessons on how to work a computer) and with our new Administrative Assistant-Kathy Kolsrud, I would like to email our parish newsletter each month to **everyone** who has an email address. The cost is minimal compared to the bulk rate postage we pay each month (which by the way is cheaper than first class mail). We will still print the newsletter and mail it, but the savings to our bottom-line would help us each year tremendously! I am also looking at sending out an information or announcement email each week to reduce printing cost in our worship aid and verbal announcements from others and me each Sunday.

All of these are examples of working together; thinking creatively, and being environmentally conscious and when we can practice good conservation of our God given gifts and talents. Prayerfully consider learning how to use a computer, receive this newsletter via email or the Internet, becoming active in an area that you have a gift in so, the same ten or twenty people don't have to do all the service work of our parish church. Please prayerfully consider pitching in with the Conservation of our Sunday School program in the Fall. Be a conservationist, and help us reduce our paper consumption along with

(Conservation of Faith Continued on page 7)

Ad Hoc Committee-“Sacred Space” Findings

By Father Charles Uhlik

Last year, I announced and invited our congregation to look at the topic of the use of our Worship/Sacred Space in our church. This Ad Hoc Committee was called “Sacred Space.” These six-month ad hoc committee meetings were open to anyone in the parish, and the people present were charged with looking at:

- ♦ To discuss for a limited time (six to seven meetings) how our Sacred Space of Christ Church is being used to help the spiritual strengthening of our congregation both for the adult and the young.
- ♦ To reflect and discuss how the people of Christ Church see themselves worshipping as Episcopalians in the present and in the future with respecting our heritage.
- ♦ To reflect and discuss those areas that are positive and negative for our worship given the nature of the physical layout of our church.

Christ Episcopal Church

321 West Avenue, Red Wing, MN,
651-388-0411

Rector: The Rev. Charles R. Uhlik
revcu@msn.com

Director of Christian Education:
Vicki Lambert:
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Child Care Coordinator: Shelby Miller

Treasurer: Ernie Valentine
christchfinance@msn.com

Parish Relations: Kathy Kolsrud
christch8@msn.com

Parish Operations Coordinator/Webmaster:
Pat Welke christchpw@msn.com

Worship Aids/Herald: Deb Collins

Custodians: Lottie Aslakson, Bud Gustafson
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Parish Nurse: Mary Heckman

Church Email: christch8@msn.com

Website: christchurchredwing.com

Christ Church Vestry

Senior Warden: Catherine Johnson

Junior Warden: John Blue

Sandy Richter (09), Steve Reinitz (2009)

Joan Foot (10), Judy Mann (09)

Jeff Richter (10), Peter von Haaren (10)

Arlene Beckwith (2011)

Jon Danielson (2011)

Deb Collins (2011)

- ♦ To reflect and discuss those areas that bring tension and to recommend solutions to those areas.
- ♦ To reflect and discuss the future of the Episcopal Church and how our worship can help us grow as a congregation and spread the Good News of Jesus Christ.
- ♦ To recommend our findings to the Vestry and to help Fr. Charles direct us in worship.

With these six statements, the people who came to the six meetings looked at our church’s environment of the exterior and interior of the church; handicap accessibility-parking-air-conditioning-sound system-lighting, music; placement of choir/musicians/bell-choir/piano, movement and flow of people during holy communion, use of Altar Table/High Altar, Communion Rail, etc... and any other thoughts about our property and sacred space. The committee was given national and recent diocesan findings from the Mission Strategy Network (M.S.N) that was looking at information of past forty years of how churches were increasing or decreasing in attendance and creating a more inspirational worship experience. Many of the committee members then went and visited other Episcopal churches in the diocese and looked at their modifications that fit with our worship. These findings and along with the recommendations of the committee are in their report. With the recommendation of the Vestry, we are mailing these findings to each member of our congregation in the next couple of weeks. Following the mailing of these findings, we will hold a forum to discuss the committee’s recommendations. It is my hope as your rector that these findings will foster conversations to help us grow in spirit, community and in membership for the next fifty years.



Rachel Marshall Shares Expertise On Children's Health and First Aid With M.O.M.'S Group

By Susie Uhlik, M.O.M.'s Coordinator

Summer is a time for many fun activities with our children, but unfortunately, summer activities also mean an increase in injuries related to all that fun. Rachel Marshall, pediatric physician's assistant, spoke with mothers about various health topics related to children. She shared what we should look for in first aid kits, how to properly care for cuts and scrapes, and when it's appropriate to take your child to a doctor for various injuries. Sunscreen application and how to treat sunburns was also addressed. One thing Rachel said to avoid were trampolines. She said that there are many injuries due to jumping on a trampoline that make that activity very unsafe and not recommended. Trampolines can cause everything from broken bones to bruised kidneys. Rachel also discussed how to treat fevers for infants as well as toddlers. Other topics that were addressed were vomiting, immunizations, and one of the most current concerns, the H1N1 virus, also known as Swine Flu. Rachel left every mother with a bag of goodies and handouts from Fairview Clinic. Thank you for sharing your expertise and your love of medicine with us, Rachel!



Our next meeting will be *Tuesday, June 16th* at Christ Episcopal Church. The topic will be "*Healthy Marriage, Successful Families.*" We will be discussing communication, the unique differences in men and women, the role of forgiveness in a marriage and the many other joys and challenges that are involved in married life. We meet from 6:30-8 p.m. with childcare provided.

Mothers Offering Ministry to other mothers meets on the third Tuesday of every month. Please extend an invitation to a mother who needs the support and friendship. Mothers with children of all ages are welcome!

If you have any further questions or suggestions for M.O.M.'s Group, please contact Susie Uhlik at 380-8495.

A little boy was overheard praying: "Lord, if you can't make me a better boy, don't worry about it. I'm having a real good time like I am."

A Mother's Prayer for a Sick or Injured Child

My child is sick, God, and my anxiety runs deep.

I want to brave for (*child's name*),
but it's difficult to hide my fears.

It is so hard to watch my child suffer
and try to explain that
the medicine and treatment will eventually
make *him/her* feel better.

Faithfully, I lay my child at your feet, God.
Take *his/her* illness unto your healing sanctuary.
Bless my child's doctors, nurses, caretakers, and all involved
in the healing process,
with your divine instruction, wise counsel,
and clear direction.

It is wonderful to be near you, God, drawing to my center
your strength, your faithfulness, and your love.

As (*your child's name*) mother,

I want to make it better now,

But it is wise to be patient. It is smart to surrender complete
healing to your perfect timing, all events unfolding
in a holy and right order.

Let my words and conversations with my child
be comforting and positive, real and hopeful.
Place in my mind the best ideas and knowledge for
What my child needs most.

Keep me mindful that I am my child's
voice and advocate.

Come down like rain upon my child and shower upon
him/her love, comfort, peace, and wellness.

Restore my child's body to fullness of health
in body, mind, and spirit.

Preserve our serenity and our trust
in you to be our guide.

Establish in us your glory and your power
through your active grace.

May your angels keep vigil with us and sit at our side,
interceding on our behalf.

As a mother who cares for her child, so do you, God,
care for *all* who reverence life.

Your healing hand and divine redemption enfolds my
child and I am eternally grateful.

You sent forth your word and healed *him/her* saving us
from all distress and we are forever
blessed and deeply inspired. Amen.

Author, Susie Uhlik

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Did You Know?

By Mary Kolderie

The church honors Justin, who was a martyr, on June 1. Justin was born around 110 in Samaria into a Greek-speaking pagan family. He was educated in Greek philosophy, but he did not know what to do with all this knowledge. One day, as he was walking along the beach at Ephesus, he met a stranger who told him about Christ. He became a Christian following this encounter and thereafter, regarded Christianity as the only “safe and profitable philosophy.”



In 150, he moved to Rome and opened a school of Christian philosophy. Justin wrote many things—three of which remain. One is a dialogue with a Jew named Trypho in which Justin defends the Church against the Jewish charge of distorting the Old Testament. Justin interprets the Old Testament as the Foreshadowing of the New Testament.

The other two writings are apologies. An apology means a spirited defense not an excuse. In the first apology, Justin defends Christianity against the Greek charge of irrationality. The second apology defends Christianity against the Roman charge of disloyalty to the empire. These two apologies give important insights into the developing theological ideas and liturgical practices of early Christianity.

Justin got into trouble in Rome by engaging in a public debate with Crescens, during which he accused Crescens of ignorance and immorality. This accusation angered Crescens, so he sued Justin. Justin and six of his students were arrested and brought before the prefect Rusticus. Following the usual custom, Rusticus gave them an opportunity to renounce their faith. All of them refused to do so and were executed in year 167.

I prayed and strove with all my might that I might prove a Christian: not because Plato's teachings are contrary to Christ's, but because they are not in all respects identical with them: as is the case with the doctrines of the others, the Stoics, the poets and prose authors. For each, through his share in the divine generative Logos, spoke well, seeing what was akin to it.

Second Apology, xiii

We are taught that Christ is the first-born of God, and we have explained above that he is the Word of whom all mankind have a share, and those who lived according to reason are Christians, even though they were classed as atheists.

First Apology, xlvi

From Our Music Director

By Debbie St. John

My friend, Paciens Bachuba, wrote to me a few months ago that he and several of his parishioners survived an actual stoning near Lake Victoria, in Mwanza, Tanzania. He pastors a congregation of several hundred and was baptizing new members in the Lake.



As they emerged from the waters of baptism, a group of people came running toward them, hollering and throwing stones, trying to kill them because they were baptized into Christianity. They were fearful for their lives, and in Paciens' email he went on to tell that they could feel the protection and strength of their prayer as they began, “Our Father, Who art in Heaven...” believing the power of God.

They all survived with merely a few bruises and scrapes, their faith strengthened as they walked away singing and praising God for what He had done, alive and on-fire with the love of Jesus.

My mind came alive with the picture of Jesus standing before the angry crowd casting stones toward a sinful woman. Jesus intervening for the sinful woman, bending down to pick up a stone as He spoke, “Whoever among you is without sin, cast the first stone.”

What an awesome thing to begin a warmer season, and to be able to celebrate the gift of baptism at the river, our river. The warmer weather brings with it an opportunity to be a part of nature and to enjoy all that God has created for us. Summer is the time when we begin golfing, bike riding, picnics, playing softball and travel, taking long and short trips. But this summer as you get into the season, please come forward with your gift of music to be a part of the worship service, whether you sing or play an instrument—there is always room for you, as we celebrate our baptism in Jesus Christ each week.

Blessings & Peace,

Debbi St. John

Change Your Sleep Routine and Change Your Life

By Mary Heckman, Parish Nurse

Get My People GOING!!” challenged you to make changes to your lifestyle in a variety of areas. One particular area that a number of people addressed was getting more sleep. No matter where your journey is taking you, like Moses and the Hebrew people he led, you need rest along with way.



Did you know...

- ◆ That our sleep needs remain constant throughout our life and do not decrease with age? Older adults, however, generally take longer to fall asleep and have decreased amounts of deep sleep. They may also wake up more frequently, and their circadian rhythms may move forward, causing them to feel sleepy earlier in the evening and wake earlier in the morning.
- ◆ Most adults need seven to nine hours of sleep at night. How do you find out how much you need? It's simple: go to bed and wake without an alarm. If you are not tired, that's how much sleep you need.
- ◆ Boredom doesn't cause sleepiness, it uncovers it. If you get tired when you are bored, you are not getting enough sleep.

Here are a few tips from the National Sleep Foundation, an independent non-profit organization dedicated to understanding sleep and sleep disorders:

- ◆ Maintain a regular bed and wake time schedule including weekends.
- ◆ Establish a regular, relaxing bedtime routine such as soaking in a hot bath or hot tub and then reading a book or listening to soothing music.
- ◆ Create a sleep-conducive environment that is dark, quiet, comfortable, and cool,
- ◆ Sleep on a comfortable mattress and pillows.
- ◆ Take work materials, computers, and televisions out of your bedroom.
- ◆ Finish eating at least two—three hours before your regular bedtime.
- ◆ Exercise regularly, but complete your workout at least three hours before bedtime.
- ◆ Avoid caffeine close to bedtime.
- ◆ Avoid nicotine.
- ◆ Avoid alcohol close to bedtime.

If you have sleep problems, and these actions don't help, use a sleep diary and talk to your doctor. You may be suffering from sleep apnea or another sleep disorder, some of which can be serious.

Visit the website of the National Sleep Foundation at www.sleepfoundation.org for more information, including a sleep quiz, a personal sleep diary, and to meet the three-generation “Doze Family,” an animated, interactive 3-D educational tool that shows how lifestyle and age impacts each family member's sleep patterns, and how common problems affect getting enough sleep.

You can also talk me, your parish nurse. I would be happy to help you find other resources to help with sleep concerns, or any other health and lifestyle issues. Remember, you are not alone!

Outreach—Habitat for Humanity

By Mary Heckman, Outreach Chair

Habitat for Humanity is an ecumenical Christian ministry that builds homes as a witness to the Gospel of Jesus Christ.



Through volunteer labor and donations of money and materials, Habitat builds and rehabilitates simple, decent houses with the help of the homeowner (partners) families. Habitat houses are sold to partner families at no profit and financed with affordable loans. The homeowners' monthly mortgage payments are used to build still more Habitat houses.

This year Goodhue County Habitat for Humanity will build a home in Red Wing and CEC will provide a work crew to help build this home. It will take a crew of 8-10 people (18 years and older). As a crew member, you might haul debris, swing a hammer, lay ICF block, frame walls, install doors and windows, paint and have fun doing it! We also will need volunteers to provide food for the work crew. We will have a sign up sheet when we have a date.

There's no place like home...let's help a family build a home!

Red Wing's Crop Walk — October 4, 2009....

Save the date to walk.

What is a CROP Hunger Walk?
Neighbors walking together to take a stand against hunger in our world. Together we raise awareness and funds for international relief and development, as well as local hunger-fighting.



Christian Education

By Vicki Lambert, Christian Education Coordinator

SUNDAY SCHOOL NEWS

What a fantastic year this has been! As we enter into our last month of Sunday school, we will be learning about the disciples of Jesus and what it means to become a disciple.



Children's church concludes in May also.

We will officially kick off the helping-get-children-to-church program in September with our new and improved programming.

Pentecost Sunday, May 31, 2009, 10 a.m.

The Sunday School picnic and celebration at Colvill Park was fantastic! This event celebrates our children and the amazing volunteers who make it all happen. It also marked the conclusion of our Sunday School year.



Summer Events to note:

July 26 at 1pm

Sunday school summer swim at Colvill park.



August 17-20 5:30-8:30p This year's theme:



YOUTH NEWS

This month we went bowling at Treasure Island. We had a fantastic time! On 5/27 at Ronald McDonald



House in Rochester, we served a meal to the children and their families living there for medical reasons. Pam Dressen did a fantastic job of heading up the food for our trip to Ronald McDonald house. Next month, we will be going paintballing.



Youth at Ronald McDonald House, May 27.

CONFIRMATION

Confirmation went to Faribault at the cathedral on May 9 and five young adults officially became full members of the church. NEW candidates seeking confirmation should talk with Father Charles. The next confirmation class is on June 3 at 7 pm.

ADULT EDUCATION

Adult education is taking on a whole new look for next year. We are going to be calling the time "Christian Conversations". We are in the planning stages for next year and hope the Spirit moves you to join us too.

EDUCATION COMMITTEE

The education committee meets the last Tuesday of the month at 4pm and is open to new members. If you would see something new, different, or just be heard, consider joining this group. Our next meeting is May 26 at 4 p.m. This group meets year round.

If you have any great ideas for parish education, please contact Vicki at christcheducation@hotmail.com or call 388-0411 x15. I am always looking for ways to serve you better .

Ongoing Education Opportunities Schedule:

Every Sunday: 8 a.m. & 10 a.m. Worship
Every Wednesday: 11 a.m. Women's Bible Study

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Youth Group will continue to meet over the summer months, but our times will be different.

Last Tuesday 4 p.m. Education Committee



L to R: Fr. Charles, Ruth Lambert, Caleb Dressen, Nick Blue, Chad Hager, Reid Johnson



Solution on page 8

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Confirmation Class with Bishops Jelinek and Swenson. Pat Welke, who was received.



Confirmation Recognition at Christ Episcopal Church.

**Conservation of Faith** *Continued from page 1)*

reprinting all documents. Pitch in to help us grow by being eco-friendly, reducing paper waste, praying for each person during the day, seeking time to use the Internet for receiving subscriptions for your magazines, newsletters, and newspaper. Conservation begins with the heart filling with God's love, taking care of our environment, praying for one another and serving those who are disenfranchised. This is practicing the gospel message and being good stewards of the many graces from our divine Creator.

Next month we will print the newsletter for July and August in one newsletter to see if this is good for our parish and reducing our paper consumption. That means we will only have one newsletter for the months of July and August. If we work together the sky is the limit of what we can accomplish!! If you have not watched Rev. Brian McLaren's talk to the diocesan convention of Washington, D.C., I strongly encourage you to do so. Here is the Internet link again: [http://www.episcopalcafe.com/daily/evangelism/brian\\_mclaren\\_the\\_episcopal\\_mo.php](http://www.episcopalcafe.com/daily/evangelism/brian_mclaren_the_episcopal_mo.php) I am hoping to show this in the near future in our Parish Hall. May God bless you all and have a wonderful June!

With Peace in the Risen Jesus, *Fr. Charles*

## June Memorials

- 06/07 **Church** In memory of Ralph & Lillian Bryan by Robert & Marian Gustafson  
**Chapel** In memory of parents, Gertrude & Leroy Johnson by Phyllis Johnson
- 06/14 **Church** In thanksgiving for grandchildren by Alice & Chuck Allyn  
**Chapel**
- 06/21 **Church** In memory of Henry by Olive Roome  
**Chapel** In thankfulness for grandchildren: Nathan, Edward, John, Thomas, Reid, Clara, Jackie, Michael, & Jay by Char Friedrich
- 06/28 **Church** In memory of loved ones by Ralph & Alice Nelson  
**Chapel** In memory of loved ones by Jean Chamberlain

*I thank my God upon every remembrance of you.*  
 Philippians 1:3

## Birthdays

- 6/01 Elizabeth Hoyt  
 Jamie Teele  
 Debbie Collins
- 6/02 Angela Barnes  
 Catherine Johnson  
 Helen Preble
- 6/03 Deb Collins  
 Samantha Hager  
 Kelsie Featherstone
- 6/05 Gene Beckwith
- 6/07 Charlene Friedrich
- 6/08 Chad Hager  
 Amanda Van Houten
- 6/09 Judy Arndt  
 Mary Ann Valentine
- 6/12 Kathy Johnson  
 Gary Wedrickas
- 6/13 Janet Vieths
- 6/14 Teresa Van Allen
- 6/15 Marilyn Potswald
- 6/16 Graham Danielson  
 Benjamin Hoyt
- 6/18 Don Simonson  
 Marm Nihart
- 6/19 Edward Florine
- 6/21 Austin Delamater
- 6/22 Haley Hinrichs
- 6/23 June Gustafson

Gene Jeske  
 Fred Plaas



- 6/24 Claire Hoisington  
 6/24 Betty Lee  
 6/25 Linda McNairy  
 6/27 Matthew Jeske  
 6/28 Samantha Mann  
 6/30 Danny Vieths
- ## Anniversaries
- 6/02 Mark & Gwen Lynch  
 6/04 Jason & Jackie Jech  
 6/05 Bill & Judy Kelm  
 Otto & Alice  
 Thoreson
- 6/08 Clark & Becca  
 Knudsen
- 6/09 Gene & Arlene  
 Beckwith
- 6/11 Sam & Lisa Kittleson  
 Mark & Tammy  
 Anderson
- 6/18 Brad & Annette Johnson

## Seasons of Life

**Deaths: Mary Lou Morley**  
 Born to this life July 10, 1928.  
 Entered God's Kingdom May 13, 2009.

**Burial Service/Committal: Jeanne Pearson** June 14, 1 p.m. Oakwood Cemetery

*Give rest, O Christ, to your servants with your saints,  
 where sorrow and pain are no more*

## June Scripture Readings

- 06/07 **Trinity Sunday:** Isaiah 6:1-8, Psalm 29; Romans 8:12-17. Gospel: John 3:1-7
- 06/14 **2nd Sunday After Pentecost :** 1 Samuel 15:34-16:13; Psalm 20; 2 Corinthians 5:6-10, (11-13), 14-17. Gospel: Mark 4:26-34
- 06/21 **3rd Sunday After Pentecost:** 1 Samuel 17: (1a, 4-11, 19-23), 32-49; Psalm 9:9-20; 2 Corinthians 6:1-13. Gospel: Mark 4:35-41
- 06/28 **4th Sunday After Pentecost:** 2 Samuel 1:1, 17-27; Psalm 130; 2 Corinthians 8:7-15. Gospel: Mark 5:21-43

(Readings can be found on the Internet at this website:  
<http://www.io.com/~kellywp/index.html>)

## Gluten Free Communion Wafers

If you have wheat allergies or Celiac Disease, please notify an usher or Altar Guild member prior to the service if you would like a gluten free communion wafer.

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# JUNE 2009 CALENDAR OF EVENTS

| Sun                                                                                                                                                                            | Mon                                                                                                             | Tue                                                                   | Wed                                                                                                                   | Thu                                                                                                   | Fri                                                                            | Sat                     |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|-------------------------|
| <b>Every Sunday</b><br>8 am Holy Eucharist-Rite<br>1 Chapel<br>9:45-11:30 am Child Care<br>10 am Holy Eucharist-Rite 2 Church<br>5 pm CA.<br>7 pm AA                           | <b>Every Monday</b><br>Rector's Day Off                                                                         |                                                                       | <b>Every Wednesday</b><br>10 am Holy Eucharist, Chapel<br>11 am CEC Staff Mtg<br>11 am Women's Bible Study<br>6 pm CA | <b>Every Thursday</b><br>Noon AA Mtg<br>7:30 pm GA                                                    | <b>Every Friday</b><br>Rector's Sabbath Day                                    |                         |
|                                                                                                | 1 <i>Visitation of the Blessed Virgin</i><br><b>See Every Monday Above</b><br>12 N Jr. Guild                    | 2 <i>The Martyrs of Lyons</i><br>6:15 pm Hospitality<br>6:30 GIFT Mtg | 3 <i>The Martyrs of Uganda</i><br>6 pm Hand Bells<br>7 pm Confirmation                                                | 4 <i>The First Book of Common Prayer</i>                                                              | 5 <i>Boniface, Archbishop and Martyr</i>                                       | 6                       |
| 7 <i>Trinity Sunday</i><br><b>See Every Sunday Above</b><br><b>UTO Sunday</b><br>9 am LEV Meeting                                                                              | 8<br>5:30 p.m. Property Committee                                                                               | 9 <i>Columba, Abbot</i><br>6:30 pm Outreach                           | 10 <i>Ephrem of Edessa</i><br><b>See Every Wednesday Above</b><br>Youth Group—Paintball TBA                           | 11 <i>St. Barnabas, Apostle</i><br><b>See Every Thursday Above</b><br>Noon Finance Mtg<br>4:30 HR Mtg | 12 <i>Emmehabowh, Priest &amp; Missionary</i><br><b>See Every Friday Above</b> | 13<br>10 am Liturgy Mtg |
| 14 <i>Second Sunday After Pentecost</i><br><b>See Every Sunday Above</b>                                                                                                       | 15 <i>Evelyn Underhill</i><br><b>See Every Monday Above</b><br><b>Caller Items Due</b><br>7 pm Horticulture Mtg | 16 <i>Joseph Butler, Bishop</i><br>6:30 M.O.M.'s Group<br>7 pm Vestry | 17<br><b>See Every Wednesday Above</b>                                                                                | 18 <i>Bernard Mizeki, Martyr</i><br><b>See Every Thursday Above</b>                                   | 19<br><b>See Every Friday Above</b>                                            | 20<br>10 am ECW Board   |
| 21 <i>Third Sunday After Pentecost</i><br><b>See Every Sunday Above</b><br>Father's Day<br> | 22 <i>Alban, Martyr</i><br><b>See Every Monday Above</b>                                                        | 23<br>3 pm Churches in the Park Mtg                                   | 24 <i>Nativity of st. John, the Baptist</i><br>N Pastoral Mtg<br>Youth Group Swim Party TBA                           | 25<br><b>See Every Thursday Above</b>                                                                 | 26<br><b>See Every Friday Above</b><br>6 pm Adult Dinner—Fiesta Mexicana       | 27                      |
| <b>Rector on vacation June 22-July 6</b>                                                                                                                                       |                                                                                                                 |                                                                       |                                                                                                                       |                                                                                                       |                                                                                |                         |
| 28 <i>Fourth Sunday After Pentecost</i><br><b>See Every Sunday Above</b>                                                                                                       | 29 St. Peter and St. Paul, Apostles<br><b>See Every Monday Above</b>                                            | 30<br>4 pm Education<br>4:45 Altar Guild                              |                                                                                                                       |                                                                                                       |                                                                                |                         |

Watch for updates in your Sunday Herald.

## June Sunday Ministries

Please save for reference throughout the month.

All Acolytes, Lectors, Readers & Cup Bearers, please gather with Fr. Charles in the Sacristy  
15 minutes before the service to pray together.

| Date                                                                                                                                                           | Time       | Acolytes                                     | Lectors                                | Cup Bearers                       | Greeter/Ushers                                     | Coffee Hour                            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----------------------------------------------|----------------------------------------|-----------------------------------|----------------------------------------------------|----------------------------------------|
| 7<br>Trinity<br>Sunday                                                                                                                                         | 8<br>a.m.. | Ruth Lambert                                 | Gordy Gieseke<br>Mary Flueger          | Gordy Gieseke                     | Jon & Mary<br>Heckman                              | Hot breakfast<br>resumes in<br>October |
|                                                                                                                                                                | 10<br>a.m. | Caleb Dressen<br>Nick Blue<br>Matt Knudson   | Judy Mann<br>Chuck McMillen            | Dawna McMillen<br>Alice Nelson    | Bill & Becky Foot<br>Marm Nihart, Shelby<br>Miller | Chuck & Dawna<br>McMillen              |
| 14<br>Second<br>Sunday<br>After<br>Pentecost                                                                                                                   | 8 a.m.     | Reid Johnson                                 | Katy Jeski<br>Mary Ann Valentine       | Mary Ann<br>Valentine             | Jon & Mary<br>Heckman                              |                                        |
|                                                                                                                                                                | 10a.m      | Preston Blaney<br>Grace Lambert<br>Cam Koch  | Leslie Bensed<br>Peter vonHaaren       | Mary Kolderie<br>Terry Van Allen  | Bill & Becky Foot<br>Marm Nihart, Shelby<br>Miller | Arlene & Gene<br>Beckwith              |
| 21<br>Third<br>Sunday<br>After<br>Pentecost                                                                                                                    | 8 a.m.     | Ruth Lambert                                 | Randy Johnson<br>Catherine Johnson     | Randy Johnson                     | Jon & Mary<br>Heckman                              |                                        |
|                                                                                                                                                                | 10<br>a.m. | Caleb Dressen<br>Matt Knudson<br>Cam Koch    | Lorraine Remus<br>Donald Mayo          | Lorraine Remus<br>Donald Mayo     | Bill & Becky Foot<br>Marm Nihart, Shelby<br>Miller | Elaine<br>Hoisington<br>Shelby Miller  |
| 28<br>Fourth<br>Sunday<br>After<br>Pentecost                                                                                                                   | 8 a.m.     | Reid Johnson                                 | Mary Christensen<br>Charlene Friedrich | Gordy Gieseke                     | Jon & Mary<br>Heckman                              |                                        |
|                                                                                                                                                                | 10<br>a.m. | Preston Blaney<br>Nick Blue<br>Grace Lambert | Pat Welke<br>Pam Dressen               | Dawna McMillen<br>Peggy Danielson | Bill & Becky Foot<br>Marm Nihart, Shelby<br>Miller | Church in the<br>Park                  |
| Altar Guild: Char Friedrich-Chair, Katy Jeske-Co Chair, June Gustafson, Marm Nihart,<br>Jane Solberg, Suzanne Simonson Jeannette Wilson-Altar Guild Directress |            |                                              |                                        |                                   |                                                    |                                        |

### Bronwyn Skov Called to New Position with National Church

*From an Email sent by The Rt. Rev. James Jelinek*

Bishop James L. Jelinek today announced that Canon Bronwyn Clark Skov will depart her position as Leadership Development Officer for the Episcopal Diocese of Minnesota.

Bronwyn has been called to be the new Program Officer, Lifelong Christian Formation and Youth for the national church. In this role she will work to equip congregations for youth ministry in the emerging cultural context, provide support for the triennial Episcopal Youth Event (EYE) and General Convention Official Youth Presence, and will work collaboratively within the Center for Evangelism and Congregational Life to develop new vision for lifelong Christian formation ministries at the national level.

"Youth ministry is my passion, but I have long been aware that integration of education and formation programs across the spectrum of age and cultural context is necessary for evangelizing and equipping young people for ministry. Relationships and resources are key. I am eager to partner with colleagues at the church center and across The Episcopal Church to share best practices and to identify and develop resources."

"As a youth minister and diocesan staff member, Bronwyn has been a tireless advocate in this diocese for lay

(Bronwyn Continued on page 11)

## Worship Winks—*What is a Candelabra*

By Father Charles Uhlik

We see them most of the time in churches during Sunday celebration of worship, weddings, funerals and other special liturgical celebrations. They can be used during the different seasons of the liturgical year; Christmas, Epiphany, Lent, Holy Week, Easter, and Pentecost.

A lit candle is commonly representative of the light of God made present when calling oneself or others to prayer. A candelabra uses that same imagery or feeling to bring a greater sense of celebration with God. So, is there any reason why there are three, five and seven candles? The answer is "yes." Each of the different kinds of "Candelabra" is significant to Jesus, the Holy Spirit and the Holy Trinity. They are used in many places in churches, but most of the time we use them on the "gradine" (in Latin) or step on the High Altar, or on either side of an altar or object.

The three branch candelabra represent the Holy Trinity: God the Father, God the Son and God the Holy Spirit. The five branch candelabra represent the Five Wounds of Jesus during the crucifixion and the seven branch candelabra represent the Seven Last Words of Jesus and/or the Seven Gifts/Fruits of the Holy Spirit (Wisdom, Understanding, Counsel, Strength, Knowledge, Piety and Fear of the Lord) Isaiah 11:2.

*In the Jewish tradition, the seven branched candelabra is called a "Menorah," representing Old Testament worship, and the nine-branched candelabra is called a "Hanukkah lamp," commemorating the oil of a single lamp that lasted eight days when the Temple was rededicated during the intertestamental period (John 10:22).*

A resource to look at for further information is the book "Worship Without Words-The Signs and Symbols of our Faith," by Patricia S. Klein.

(Bronwyn Continued from page 10)

ministry and youth formation," said Bishop Jelinek. "Over the years, we have all benefited from Bronwyn's gifts of discernment and teaching and and we have been moved by her witness to the transformative power of friendship and faith. I have felt tremendously blessed to have served with Bronwyn but am also extremely proud that her gifts will now be shared more intentionally with the wider church."

Bronwyn will not be relocating to a new residence but will be establishing a virtual office and is preparing to engage in a significant amount of travel in her new role. Her last day at the Episcopal Center will be Wednesday, June 10.

## News From The Green Eye Shade Gang

By Buck Foot, Finance Committee Chair

So far this year everyone has been doing a great job of staying current with their pledge payments --- and even perhaps contributing a little extra to help us overcome our deficit. Through April, we are actually ahead of our budget on pledges and contributions. Please keep up the good work!!! We typically see a slowdown in pledge payments in the summer ---- let's make this year different by staying current on pledges even during vacation times.

Year to date through April, we are showing an operating surplus of approximately \$25,000. A large part of this surplus is the result of receiving all of the bequest income in the first quarter that we had budgeted for the year. However, our expenses are being well managed and are below budget for the year, and we are seeing the effect of the \$15,000 reduction in the diocesan pledge amount, which was granted in the first quarter as well. With a little extra generosity on all of our parts, we have a chance to balance our operating budget by year end.

One final note ---in an effort to minimize mailing costs we will begin sending pledge statements by email to those of you who already receive the caller by email. If you need to receive a hard copy, please let the office know and we will accommodate you.

For the month of April, 2009, our Pledges & Contributions were:

Actual Budget

Month \$12,710 \$13,333

YTD \$67,448 \$53,333

Note YTD has Prepaid Pledges

The pastor of our **church** hates to plead for **money**. But when the coffers were running low, he had no choice.

"There's good news and there's bad news," he told the congregation. "The good news is that we have more than enough **money** for all the current and future needs of the **church**. The bad news is, it's still in your pockets."



Christ Episcopal Church  
321 West Avenue  
Red Wing, MN 55066  
christchurchredwing.com

Non Profit Organization  
U. S. Postal Permit 235  
Red Wing, MN 55066



## Savings for the Church

In an effort to save paper and mailing costs, the Sunday schedule of acolytes/readers/cup bearers/usher-greeters and coffee hour assignments are being sent out via email wherever possible. The schedule is also printed in the newsletter and posted on the church website. This month you will receive the schedules and readings for June, July and August.

Last month the number of snail mailed schedules and readings was reduced from 36 to 8. If you are currently receiving your schedules via the USPS and are able to use the email option, please send a message to christchpw@msn.com. **Please check your email frequently towards the end of the month** so you don't miss your scheduled Sundays for the upcoming month. If it is necessary for you to trade assignments, please notify the church office.

**Email addresses: If you have an email address, please notify the church office. We are updating our records and compiling an up-to-date list for church emailings.**



**SuperHeroes of the Bible  
Vacation Bible School  
August 17-20, 2009**

## Learn How to Use a Computer?

In an effort to use less paper and postage, and to encourage more online (Internet) usage, we will be offering training on how to turn the computer on, use email and get onto the Internet. There are two computers available in the Youth Room and several at the public library. There may be other places in Red Wing where you can use a computer free of charge. Please call the church office to let us know you are interested.

Many diocesan events can be viewed on the computer and weekly diocesan news is available as parish news on our Christ Church website.

**AGE and Inexperience** are not reasons to delay learning to use a computer. **YOU** can do it.