



Vacation Bible School
August 17-20, 2009

The Caller

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Every Other Month Caller?

I hope your summer is going well. I am so grateful that we have the warmth of the sun and for not having to wear all the heavy clothes! With summer finally being here and in reflecting on how our congregation can continue to be good stewards of your generous financial offerings, I would like to see us try to conserve the amount we spend on paper and postage with each issue of the Caller. That is why this month's issue of the Caller is taking on the months of July and August. This is an attempt to help our budgeting dollars, yet not lose any information to you about upcoming parish events, worship services and activities. My hope is to save money and still keep you informed about church. I hope this format will be helpful to our members and friends? Please keep it near your information center in your home for the rest of the summer. You will not receive another issue until September. Please let our office know if you like or dislike this format of the Caller, www.christchurchredwing.com, christch8@msn.com, or call us at 651-388-0411. Your responses are very important to us in making a decision to continue, or not to continue, with this format. God bless you all!



A New Style of Worship Starting in September

I have been approached by several families, some from our congregation, and some not from our congregation, to have an early evening worship experience. After listening to their thoughts and what I could do for this worship experience, looking at my schedule, and speaking with several committees about this topic, the Vestry and I have agreed to try this worship experience starting in September on Sunday afternoons at 4:30 p.m. in the Youth Room underneath the Parish Hall. This is also an attempt to meet the needs of many people in our congregation that find it difficult to get to the 10:00 a.m. worship. This worship experience would be nothing like our two other worship experiences. It would be very casual, with Holy Eucharist, child care, contemporary music, and mini-sermons with small group discussion. This is a style that was used in college and with many emerging congregations. I will be trying this format and time for a test period of three months till November to see if it can sustain itself. If you are interested in more information about this worship experience, please contact the parish office.

www.christchurchredwing.com, christch8@msn.com or call us at 651-388-0411.

God bless you and your loved ones!

Prayerfully yours,

Father Charles

IT'S COMING... "THE BIG FRAME -UP"!

By Deb Collins, G.I.F.T
Committee



We need your help! The wood around our exterior windows is worn and rotted! We have some funds, but need an additional \$12,000. Soon you will see our display in the church social hall, and we ask that you please be generous. Pull the card and "yours-to-keep" magnet from our stained glass envelopes, complete the card and drop it in the mail, office, or collection plate. If your funds are limited, join a friend or friends and contribute together. There are blank cards as well for those who are finding money tight right now, but still want to help . . . just fill in the amount! ANY AMOUNT WILL AID US IN REACHING OUR GOAL!

Help us keep CEC beautiful for the community, for us, and for HIM!

Christ Episcopal Church

321 West Avenue, Red Wing, MN,
651-388-0411

Rector: The Rev. Charles R. Uhlik
revcu@msn.com

Director of Christian Education:
Vicki Lambert:
christcheducation@hotmail.com

Child Care Coordinator: Shelby Miller

Treasurer: Ernie Valentine
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Pat Welke christchpw@msn.com

Worship Aids/Herald Deb Collins

Custodians: Lottie Aslakson, Bud Gustafson
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Parish Nurse: Mary Heckman

Church Email: christch8@msn.com

Website: christchurchredwing.com

Christ Church Vestry

Senior Warden: Catherine Johnson

Junior Warden: John Blue

Sandy Richter (09), Steve Reinitz (2009)

Joan Foot (10), Judy Mann (09)

Jeff Richter (10), Peter von Haaren (10)

Arlene Beckwith (2011)

Jon Danielson (2011)

Deb Collins (2011)

Direct Withdrawal of Pledges

By Buck Foot, Finance Chair

We are making the necessary arrangements to allow you to pay your church pledge by allowing a direct withdrawal from your checking account just as many of us do now with other regular obligations we have.

You will be able to have withdrawals made weekly, monthly or semi-monthly as well as to permit a withdrawal made at Christmas and Easter for those special occasions.

We will be providing the opportunity to sign up for this convenient service later in the summer. To accomplish it, you will simply need to fill out a form identifying the amount and frequency of desired withdrawals as well as your bank account information and a voided check. This information, as with pledge information currently, will be kept in the finance office of the church under lock and key with access provided only to those who need to work with the information.

While use of this system of making pledge payments is in no way required, we expect that many of you will wish to take advantage of this convenient way of staying current with your church pledge.

More information will be made available later in the summer as we get the systems in place to provide this opportunity.



For the month of May, our Pledges and Contributions were:

	<u>Actual</u>	<u>Budget</u>
Month:	\$12,444	\$13,333
YTD	\$79,892	\$66,667

Note: YTD includes

Prepaid Pledges

Note from Treasurer: Pledge statements will be mailed or e-mailed in early July.

If you have any concerns or questions about your statement, please contact

Ernie Valentine or Buck Foot.

DJ (age 4) stepped onto the bathroom scale and asked: 'How much do I cost?'

Healthy Marriage Is Focus for M.O.M.'s Group

By Susie Uhlik, M.O.M.'s Group Facilitator

Couples with small children know that a strong marriage is essential to raising healthy, happy kids. Working on your relationship with your spouse is vital to a successful home life. The differences between men and women are striking, and when understood and embraced, create the best atmosphere for a marriage that thrives and grows. Recently, M.O.M.'s Group met to explore how men and women handle stress, why arguments occur, and how to effectively communicate your needs.

Among the many things learned included the following: Men have a need for autonomy and independence and have an instinctual need to withdraw and problem solve when under stress. Women have a need to connect with others in time of stress. They need to talk through their problems in order to gain perspective, feel centered, and know they are not alone. For women, arguments tend to happen when her feelings aren't validated. In a man's case, arguments tend to arise when they are given unsolicited advice from their spouse. When it comes to communication, men cannot read a woman's mind, and so it is to the woman's advantage to be very specific and to the point when asking for what she needs. Men need to be aware that women value listening more than fixing her problem.

The benefits of working at improving your marriage far outweigh the consequences for the couple and their children when a marriage is allowed to stay stagnant. Children learn from what a couple does or does not do.

M.O.M.'s Group will break for the summer and will not meet until the third Tuesday in September. Please extend an invitation to a mother who needs the support and friendship.

Mothers with children of all ages are welcome!

If you have any further questions or suggestions for M.O.M.'s Group, please contact Susie Uhlik at 380-8495.

JAMES (age 4) was listening to a Bible story. His dad read: 'The man named Lot was warned to take his wife and flee out of the city but his wife looked back and was turned to salt.' Concerned, James asked: "What happened to the flea?"

A Mother's Prayer For Her Marriage

We bless you forever, Lord,
for joining our lives and establishing
Your eternal glory in our marriage.

Teach us how to be married.

Show us how to love each other unconditionally,
freely, and deeply.

Let us always honor each other's individual needs
and our needs as a couple.

As we change and grow, bless our union
with divine clarity and right thinking.

Align the soul of our marriage with *Your* mind, God.

May we challenge each other gently,

Always bringing our highest selves in every
situation we encounter.

Let prayer strengthen our marriage, nourish our union,
and uplift our wedded life.

Join our hearts with yours, God.

Liberate our marriage from all anger, judgment,
and resentment.

Committed to each other, may our marriage be known
as God's forever love to each other and both
friend and stranger.

Anchor our love for each other in radical forgiveness,
purposeful communication, and

Summon your angels to keep watch over the many and
varied seasons of our marriage, always guiding, always
rejoicing at what God has done in our midst.

Keep our marriage flexible, teachable, and open to
abundant possibility.

May this marriage be an everlasting sanctuary of
perfect grace, enlightened truth, and faithful love.

Keep us always mindful of the example
our marriage is to our children.

Help them discern the best of our marriage
and learn from our mistakes as well.

Thank you, God, for the precious and fragile gift
that marriage is. May we never take each other,
or your active grace

in our marriage for granted. AMEN.

Author, Susie Uhlik, copyright 2009

Did You Know?

By Mary Kolderie

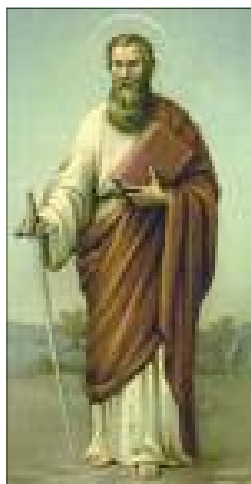


Macrina was a monastic and a teacher whose special day is July 19. She was born in 340 in the city of Pontus in Cappadocia (Turkey). She founded one of the first Christian Communities in Pontus. She did not leave any writings, but her brother, Gregory of Nyssa, did. In his book "Life of St. Macrina," he describes his sister as beautiful, brilliant, and an authoritative spiritual teacher.

Macrina persuaded her mother, Emmelia, to renounce their wealthy lifestyle and to help her establish a monastery on the family estate. This monastery cared for the poor and ministered to the wider community. Macrina picked up women who lay starving in the road to help them at the monastery. Many people joined her order.

She had great influence on her four brothers—two of them Basil and Peter became monks and theologians and three of them, Basil, Gregory and Peter, became bishops. She died in 379.

St James the Apostle is honored on July 25. He was the brother of John and son of Zebedee the fisherman. With Peter and John, he belonged to a privileged group whom Jesus chose to be witnesses to the Transfiguration, the raising of Jairus' daughter, and the agony in the garden.



James had the reputation, along with his brother, John, of being a hot head, so Jesus nicknamed them "Boanerges," which means Sons of Thunder. James was the first of the apostles to be martyred. He was killed by King Herod with a sword. (Acts 12:1-2). This event occurred about ten-twelve years after the crucifixion.

According to tradition, his body was taken to Compostela, Spain, where there is a shrine dedicated to James. He is a popular saint in Spain, and his shrine is a popular pilgrimage site.

Outreach Opportunities

By Mary Heckman, Outreach Chair

Serve others as Christ served them

Habitat for Humanity



Christ Episcopal Church will be forming a Team to work on the Habitat House in Red Wing on **July 25th**. We will be helping to insulate the house. Team Helpers will work from 8 a.m. until 4 p.m. on that Saturday. Helpers should bring a **hammer, pencil, tape measure and gloves**. We need workers to provide a communal meal for our team plus five for the construction manager and other workers. Please sign up on the Bulletin Board. Questions—see Joan Foot.

Loaves and Fishes

July 26th, Christ Episcopal Church will be providing dinner for 60-80 people at the bimonthly Loaves and Fishes at the Methodist Church. Please sign up on the Bulletin Board to help that evening from 4- 7 p.m. and also to help supply the food. Questions—see Mary Heckman

Food Shelf...Bring your items the 1st Sunday of every month or put a donation in the Alms basin during the offering.

Fill the Footlocker.....we are sending boxes over to our troops as often as the Footlocker is full...so please give.

Solution on page 9

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	6					3	
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3		9	7			8	6
	2			9		5	

A Simple Way To Stay Healthy

By Mary Heckman, Parish Nurse

How many times did your mom tell you to "Wash your hands"? How many times have you told your children or grandchildren to "Wash your hands"? It's an old simple habit but it's your best defense against GERMS!



Hand Washing is a habit for many of us and a habit we teach our children because it the best way to avoid getting sick. Infectious diseases are commonly spread through hand-to-hand contact. These diseases include the common cold, flu, and gastrointestinal disorders such as infectious diarrhea. Most of us can recover from these illnesses, but older adults and people with chronic medical problems can often develop pneumonia. The 8th leading cause of death in the United States is the combination of flu and pneumonia.

So when should you wash your hands?

- ◆ After using the toilet
- ◆ After changing a diaper
- ◆ After touching animal or animal waste
- ◆ Before and after preparing food
- ◆ Before eating
- ◆ After blowing your nose
- ◆ After coughing or sneezing into your hands (COVER YOUR COUGH)
- ◆ Before and after treating wounds or cuts
- ◆ Before and after touching a sick or injured person
- ◆ After handling garbage
- ◆ When using public restrooms.

Washing your hands is simple, but there is a right way to do that, too. The three components are SOAP, WARM WATER AND FRICTION! According to the Minnesota Dept of Health the type of soap does not matter.

- ◆ Wet your hands with warm, running water.
- ◆ Add soap
- ◆ Rub your hands vigorously for 20 seconds (sing happy birthday or say the ABCs)
- ◆ Wash all surfaces including:
 - ◆ Back of hands
 - ◆ Wrists
 - ◆ Between fingers
 - ◆ Tips of fingers

- ◆ Thumbs
- ◆ Under fingernails...using a brush is best
- ◆ Rinse your hands keeping finger pointing down
- ◆ Dry vigorously with paper or clean cloth towel
- ◆ Turn off faucet with towel, and open door with towel

Another alternative to washing your hands with soap and water is using Alcohol based hand sanitizers. This is a great alternative when there is no soap and water around. The Alcohol Sanitizer you use should be at 60% alcohol. To use hand sanitizer:

- ◆ Apply a dime sized amount of alcohol based hand sanitizer to the palm of one hand.
- ◆ Rub hands together covering all surfaces of hands and fingers
- ◆ Rub until the hand sanitizer is absorbed,

If your hands are visibly dirty wash with soap and water, if available, rather than a sanitizer.

The vestry and Father Charles have asked my recommendation on the need for hand sanitizer at our church. I have recommended an alcohol based hand sanitizer pump or bottle be available in the Parish Hall, the Nursery and the Sunday school room—of course out of reach of our children, since too much of the sanitizer is not good for small ones. In our church or chapel, I do feel we have a need also but unsure how to provide that for you, the parishioners. We spread a lot of germs during the Sign of Peace, and then we share the common cup during communion. It would be best practice to clean our hands prior to communion. I encourage you to carry a small bottle of alcohol based hand sanitizer with you and use prior to communion.

Have a safe, fun and healthy summer. Remember to take the hand sanitizer along in the car and in the picnic basket. Please let me know if I can be of help in any way. Your parish nurse.

Red Wing's Crop Walk — October 4, 2009....

Save the date to walk.

What is a CROP Hunger Walk?
Neighbors walking together to take a stand against hunger in our world. Together we raise awareness and funds for international relief and development, as well as local hunger-fighting.



Christian Education

By Vicki Lambert, Christian Education Coordinator

SUNDAY SCHOOL NEWS

Thank you all for your prayers and support! It was a great year! Next year is going to be even better.



We are in the process of asking everyone to complete a survey. On the home page of the church website, there is a link to the survey. It is very short (mostly multiple choice), and your feedback is needed to help us provide the best quality programming for our children.

Summer Events to note:



July 26 at 1pm
Sunday school
summer swim

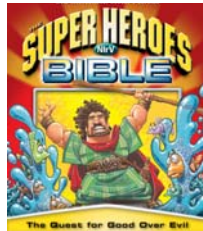


Colvill Park

We will swim, play a couple games, and have some snacks. Be sure to pray for sunshine!

August 17-20 5:30-8:30 p.m. Super Heroes of the Bible Vacation Bible School August 17-20, 2009

Hang with royalty, meet a true friend, witness a brave lion tamer and see a "miracle" or two!



YOUTH NEWS

The paintball outing to Adventure Zone was awesome! There were six teens and two token adults who played plus a couple more chaperones.



Everyone who was there said it would be something they would want to do again! It was really fun!

The Swimming/Potluck Party at Joan's house on June



24th was super fun! There were six families represented and a guest.

Our next few events for the summer will be:

Float Trip down the Cannon River, Sunday, July 12th leaving the church at Noon and floating a few hours down the river. Bring your friends!



Habitat for Humanity building project on Hill Street is underway this summer and on **Saturday, July 25th**, the congregation will be helping this day. We need the youth to help with setting up, serving and cleaning up for lunch that day. Your help would be greatly appreciated!

Loaves and Fishes on Sunday, July 26th at 4:00 p.m. our congregation will be host at First United Methodist Church. We need your help to setup, serve and cleanup for the hungry of our community that evening. The theme the Outreach Committee picked out is "Picnic." We will be serving Sloppy Joes with other fixings!

River City Days - Sunday, August, 2nd from 11:00 a.m.-4:00 p.m., will mark our congregation's fifth annual Food Tent. We will need teen help to setup, serve food, cleanup or other odd jobs. Your help will benefit our congregation and the hungry and needy.

"Rock the River Tour" Christian Rock Concert (Rock, Pop & Rap) at Harriet Island on Sunday, August 16th from 2:30-9:00 p.m. Tickets are \$10 for the afternoon. We are looking into renting a bus for several other churches who are



interested in going up to St. Paul. Check the bulletin board for more information.

Vacation Bible School (VBS) "Super Heroes of the Bible," will be happening **August 17th-20th** in the evening. We look forward to teen leadership throughout the week. For more information please contact Vicki.

ValleyFair!

Sunday, August 30th from 12:00 – 8:00 p.m. This is going to be really cool outing with several other churches in town where we will take a bus and spend the day having fun with friends from around the area! More information to come.



CONFIRMATION

NEW candidates seeking confirmation should talk with Father Charles. The next confirmation class will begin September 2 at 7 p.m.



ADULT EDUCATION

Adult education is taking on a whole new look for next year. We are going to be calling the time "Christian Conversations."

We are in the planning stages for next year and hope the Spirit moves you to join us too.



EDUCATION COMMITTEE

The education committee meets the last Tuesday of the month at 4 p.m. and is open to new members. If you would see something new, different, or just be heard, consider joining this group. Our next meeting is July 28 at 4 p.m. This group meets year round.

If you have any great ideas for parish education, please contact Vicki at christcheducation@hotmail.com or call 388-0411 x15. I am always looking for ways to serve you better .



The Youth Group traveled to the Twin Cities to participate in the Feed My Staving Children mission. Children and adults hand-pack meals formulated especially for starving children, and the meals are shipped to more than 60 countries around the world.



Ongoing Education Opportunities Schedule:

Every Sunday: 8 a.m. & 10 a.m. Worship
Every Wednesday: 11 a.m. Women's Bible Study

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Youth Group will continue to meet over the summer months, but our times will be different.

Last Tuesday 4 p.m. Education Committee



## July Memorials

- 07/05 **Church** In memory of Warren by Naomi Lenway, Susan and Mary  
**Chapel** In memory of Mr. E. H. Foot, Sr.
- 07/12 **Church** In memory of Lewis, Emelia, John & Marilyn McGrew by Scott McGrew  
**Chapel** In thanksgiving for Sonia and Michael by Jon and Mary Heckman
- 07/19 **Church** In memory of loved ones by Janet Warren  
**Chapel** In memory of loved ones by Mary Christensen
- 07/26 **Church** In loving memory of son, Grant, by Mr. & Mrs. Richard Kosec & Family  
**Chapel** In thanksgiving for the founders of Christ Church by Jack Falls

## August Memorials

- 08/02 **Church** In memory loved ones by Maratha Possehl  
**Chapel** In loving memory of Elizabeth & George Hawley by Jane Hawley Cooper
- 08/09 **Church** In memory of Ira & Lois Huron by Barb Nelson  
**Chapel** In memory of loved ones by Alice & Chuck Allyn and Don & Cheryl Oliver
- 08/16 **Church** In memory of wife Beverly by the Don Prinz Fund  
**Chapel** In memory of Harry by Jewel Lindrud & Family
- 08/23 **Church** In memory of deceased members by Junior Guild  
**Chapel**
- 08/30 **Church** In memory of Vern by Peggy Lund  
**Chapel** In memory of Bessie Foot

*I thank my God upon every remembrance of you.*  
 Philippians 1:3

## Birthdays

- |                        |                        |
|------------------------|------------------------|
| 7/02 Peggy Lund        | 8/04 Mike Dube         |
| 7/03 Samuel Blue       | Adam Johnson           |
| 7/05 Wendy Arndt       | 8/07 Heija Cain        |
| Johanna Mayer          | Margaret Baker         |
| Katy Hoisington        | Doug Nelson            |
| 7/07 Nathan Florine    | 8/09 Mary Flueger      |
| Otto Thoreson          | 8/10 Ralph Nelson, Jr. |
| 7/08 Joyce Gerdes      | 8/11 Sam Kittleson     |
| Alice Thoreson         | Nancy Hinrichs         |
| 7/09 Terry Yockey      | Dawna McMillen         |
| 7/12 Larry Anderson    | 8/12 Amy Nelson        |
| 7/14 Margo Anderson    | Margery Pirius         |
| Suzanne Thomas         | Fr. Charles Uhlik      |
| 7/15 Leola Lohman      | 8/13 Timothy Carlson   |
| 7/17 Sarah Reinhart    | Dorothy Danielson      |
| 7/18 Taite Plaas       | 8/14 Audrey Brunner    |
| Suzanna Lee            | MacCabe Plaas          |
| 7/19 Thomas Blue       | Aaron Johnson          |
| 7/20 Katy Jeske        | 8/15 Jim Ferguson      |
| Jason Whitmore         | Linda Valentine        |
| Keith Hase             | 8/17 Nancy Kells       |
| 7/21 Joe Dube          | 8/18 Sarah Richter     |
| 7/22 Jean Featherstone | Becky Foot             |
| Lillie Jensen          | Jack Knudsen           |
| 7/24 Wendy Thomforde   | Bob Knudsen            |
| Nada Peters            | 8/20 Joshua Baker      |
| 7/26 Pamela Dressen    | Truman Danielson       |
| Missy Carlson          | 8/22 Jean Featherstone |
| John Landeck           | Hugh Van Houten        |
| 7/27 Sue Lenway        | Jane Solberg           |
| Webster                | 8/24 George Martin     |
| Tony Cappola           | 8/26 Eleanor Peterson  |
| 7/28 Jim Brenner       | Danielle Veek          |
| Chris Foot             | 8/28 Lloyd Brunner     |
| 7/29 Adelaide Pfirman  | Barbara Nelson         |
| 7/30 Gregory Beckwith  | Joan Norgaard          |
| 8/03 Jim Dressen       | 8/30 Arlene Beckwith   |
| Margaret Hoyt          | Becky Shafer           |
| Alice Nelson           | Mary Kolderie          |
|                        | 8/31 Devon Kaberna     |

## Anniversaries

- |                           |                            |
|---------------------------|----------------------------|
| 7/06 Jim & Pam Dressen    | 7/28 Charlie & Lynn Brown  |
| 7/17 Tom & Pat Thomas     | Mark & Tammy Anderson      |
| 7/19 Kevin & Ann Florine  | 8/18 Steve & Ellie Reinitz |
| 7/26 Don & Vonnie Wiech   | 8/29 Roy & Norma Neufeldt  |
| 7/28 Mary & James Brenner |                            |

## July Scripture Readings

- 07/05 **5th Sunday After Pentecost:** 2 Samuel 5:1-5, 9-10; Psalm 48; 2 Corinthians 12:2-10, Gospel: Mark 6:1-13
- 07/12 **6th Sunday After Pentecost:** 2 Samuel 6:1-5, 12b-19; Psalm 24; Ephesians 1:3-14; Gospel: Mark 6:14-29
- 07/19 **7th Sunday After Pentecost:** 2 Samuel 7:1-14a; Psalm 89:20-37; Ephesians 2:11-22. Gospel: Mark 6:30-34, 53-56
- 07/26 **8th Sunday After Pentecost:** 2 Samuel 11:1-15; Psalm 14; Ephesians 3:14-21. Gospel: John 6:1-21

## August Scripture Readings

- 08/02 **9th Sunday After Pentecost:** 2 Samuel 11:26-12:13a; Psalm 51:1-13; Ephesians 4:1-16, Gospel: John 6:24-35
- 08/09 **10th Sunday After Pentecost:** 2 Samuel 18:5-9, 15, 31-33; Psalm 130; Ephesians 4:25-5:2; Gospel: Mark 6:35, 41-51
- 08/16 **11th Sunday After Pentecost:** 1 Kings 2:10-12; 3:3-14; Psalm 111; Ephesians 5:15-20. Gospel: John 6:51-58
- 08/23 **8th Sunday After Pentecost:** 1 Kings 8:(1,6, 10-11), 22-30, 41-43; Psalm 84; Ephesians 6:10-20. Gospel: John 6:56-69
- 08/30 **9th Sunday After Pentecost:** Song of Solomon 2:8-13; Psalm 45:1-2, 7-10; James 1:17-27. Gospel: Mark 7:1-8, 14-15, 21-23

(Readings can be found on the Internet at this website: <http://www.io.com/~kellywp/index.html>)

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## Seasons of Life

### Baptisms:

**Dempsey Jean Werla**, daughter of Ty and Karina Werla

**Sylvia Date Rackiewicz and Hattie Louise Rackiewicz**, daughters of Kyle and Kate Rackiewicz

**Landon Kelly Johnson**, son of Kelly and Lindsay Johnson

**Beatrix Amanda Lehammer**, daughter of Neil and Margaret (Meg) Lehammer

### Deaths: Adeline Florence Miller

Born into this life: June 12, 1932

Entered God's Kingdom: June 12, 2009

*Give rest, O Christ, to your servants with your saints, where sorrow and pain are no more*



*The nave of Christ Episcopal Church in La Crosse*

## Ad Hoc Sacred Space Report

Pictured above is one of the churches visited by the Ad Hoc committee. The report from the Ad Hoc Sacred Space committee will be mailed to members. You can also see the report by going to the church website and clicking on the link **Sacred Space Report**. The report on the website is in full color. To save printing costs, the printed copies will not be in color.

## Gluten Free Communion Wafers

If you have wheat allergies or Celiac Disease, please notify an usher or Altar Guild member prior to the service if you would like a gluten free communion wafer.

## Worship Winks: The Bread and Wine equals an “Amen”

By Father Charles Uhlík

This past Advent Season, I normally talked to our Sunday school children about receiving the bread and wine during Holy Communion. It never fails that one of the children ask me, “What am I supposed to say when I get the bread or the wine?” I always tell the children that we cross our palms and you wait till the priest is done saying “the Body of Christ, the Bread of Heaven.” Then you say, “Amen.” The same is done when we receive the cup of wine from the Cup Bearer (“the Blood of Christ, the cup of our Salvation.”).

The Book of Common Prayer tells us that our “Amen” is affirming what the Priest or Cup Bearer is saying about Jesus as “the Bread from Heaven” or “the Cup of our Salvation.” Saying nothing or “thank you,” acknowledges nothing that was just said or the person and not the action of receiving the action that just took place at the altar/table. It would be like having a conversation with someone and not acknowledging what that person just spoken to you. It can be hurtful or rude.

Let us not hesitate in our acknowledgement of what Jesus did for us and remember the gift presented to us as God’s total Presence what his Son, Jesus, made present to us in the breaking of the bread. Say “Amen,” to this great gift from Jesus!

## Pentecost Sunday, Recognition Sunday School Picnic. Baptisms in the Mississippi River.



*Fr. Charles and Susie chat with The Most Rev. Dr. Katharine Jefferts Schori, Presiding Bishop of The Episcopal Church*



## Concerts in the Park

The Central Park Bandshell across 4th street from Christ Church, completed in late June, 2009, is a gift to the city of Red Wing by the Jones Family Foundation and was designed and built with state-of-the-art acoustics. Concerts begin at 7 p.m. except for the July 4 grand opening.

The inauguration of the Bandshell will be on Saturday, July 4th, 2009. The schedule of events are as follows (all times are p.m.):

- ◆ 3:45-4:30 The Phoenix Theatre will sing selections from their upcoming production of 'Fiddler on the Roof' (free!)
- ◆ 5:00-6:00 Rosanne Cash (free!)
- ◆ 6:45-8:00 Roomful of Blues (free!)
- ◆ 8:45-9:30 Sheldon Brass Band finishing with 1812 Overture, complete with real cannon! (free!)

People are encouraged to bring lawn chairs or blankets. If it rains, the music will move to First Lutheran Church.



THE RED WING ARTS ASSOCIATION  
PRESENTS  
CONCERTS IN THE PARK

INTRODUCING  
THE CENTRAL PARK BAND SHELL

|         |                                                                 |
|---------|-----------------------------------------------------------------|
| JULY 4  | GRAND OPENING SPECIAL                                           |
| JULY 8  | "GENERATION II BIG BAND"                                        |
| JULY 15 | "JUG" COUNTRY/ROCK                                              |
| JULY 22 | "FEELIN' GROOVY" A SIMON AND GARFUNKEL TRIBUTE                  |
| JULY 29 | "THE BACK CHANNEL BLUES BAND"                                   |
| AUG 5   | "PATCHOULI" FOLK/GUITAR                                         |
| AUG 12  | "LONG TIME GONE" BLUEGRASS                                      |
| AUG 19  | "HOT FLASHES" WOMEN'S VOCAL<br>"THE BALD EAGLES" DIXIELAND JAZZ |

## Vestry Views

By Barbara Knudson, Vestry Clerk

Tuesday 16<sup>th</sup> June, 2009

The following are excerpts from the Vestry minutes. The minutes in entirety will be posted on the bulletin board outside the office.

### Rector's Report:

- ◆ Rite Brain/Rite Hymn on line – cheaper than purchasing software.
- ◆ While Fr Charles is on vacation the Rev. Doug Sparks will be on call for Pastoral Emergencies.
- ◆ Need a Youth representative for Region V for the Diocesan convention. A name and bio have to be submitted by the end of June. The candidate will be chosen Oct 3<sup>rd</sup> in Albert Lea. Any youth ages 16 -18yrs who is interested can talk with Fr Charles.
- ◆ CEC hosts 'worship in the park' on Sunday 26<sup>th</sup> July.

### Education.

- ◆ New Curriculums for Sunday School was presented by Vicki Lambert.
- ◆ **4-6<sup>th</sup> grade:** "Worship for Life" CD and paper curriculum.
- ◆ Total cost \$250.00 or \$199.00 for the CD ROM
- ◆ **1<sup>st</sup>-3<sup>rd</sup> grade:** "Veggie Tales".
- ◆ Curriculum cost of \$100.00 for 13 weeks that we would need to purchase times 3, **or** \$159.00 for last year's (2008) total program curriculum of 52 weeks.

**Youth Group** – 11 teens are going paintballing on Weds 17<sup>th</sup> June, four adult chaperones and drivers have signed up.

July 12<sup>th</sup> will be tubing on the Cannon River at noon. St Paul's Lutheran church is organizing a city wide church youth event in August.

"Rock the River" – a Christian rock concert will be at Harriet Island on August 16<sup>th</sup>.

Confirmation interviews – feedback from Fr Charles, will be able to look at the results.

'Dear Lord,' the minister began, with arms extended toward heaven and a rapturous look on his upturned face, 'Without you, we are but dust...' He would have continued but at that moment my very obedient daughter who was listening leaned over to me and asked quite audibly in her shrill little four year old girl voice, 'Mom, what is butt dust?'

# JULY 2009 CALENDAR OF EVENTS

| Sun                                                                                                                                                              | Mon                                                                                                 | Tue                                                | Wed                                                                                                                   | Thu                                                                      | Fri                                                                | Sat                                                                                                              |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|--------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
| <b>Every Sunday</b><br>8 am Holy Eucharist-Rite<br>1 Chapel<br>9:45-11:30 am Child Care<br>10 am Holy Eucharist-Rite 2 Church<br>5 pm CA.<br>7 pm AA             | <b>Every Monday</b><br>Rector's Day Off                                                             |                                                    | <b>Every Wednesday</b><br>10 am Holy Eucharist, Chapel<br>11 am CEC Staff Mtg<br>11 am Women's Bible Study<br>6 pm CA | <b>Every Thursday</b><br>Noon AA Mtg<br>7:30 pm GA                       | <b>Every Friday</b><br>Rector's Sabbath Day                        |                                                                                                                  |
|                                                                                                                                                                  |                                                                                                     |                                                    | 1 <i>The Martyrs of Uganda</i>                                                                                        | 2 <i>The First Book of Common Prayer</i>                                 | 3 <i>Boniface, Archbishop and Martyr</i>                           | 4 <i>Independence Day</i><br> |
| <b>Rector on vacation June 22-July 6</b>                                                                                                                         |                                                                                                     |                                                    |                                                                                                                       |                                                                          |                                                                    |                                                                                                                  |
| 5 <i>5th Sunday After Pentecost</i><br><b>8 a.m. &amp; 10 a.m. Morning Prayer</b>                                                                                | 6<br><b>See Every Monday Above</b><br><b>Office closed</b>                                          | 7<br>6:15 pm Hospitality                           | 8<br><b>See Every Wednesday Above</b>                                                                                 | 9<br><b>See Every Thursday Above</b>                                     | 10<br><b>See Every Friday Above</b>                                | 11 <i>Benedict of Nursia, Abbot</i><br>10 am Liturgy Mtg                                                         |
| 12 <i>6th Sunday After Pentecost</i><br><b>See Every Sunday Above</b><br><b>N Youth Group Float down Cannon River</b><br>4 pm Delegate Mtg                       | 13<br>4:30 p.m. G.I.F.T. mtg<br>5:30 p.m. Property Committee                                        | 14<br>6:30 pm Outreach                             | 15<br><b>See Every Wednesday Above</b>                                                                                | 16<br><b>See Every Thursday Above</b><br>Noon Finance Mtg<br>4:30 HR Mtg | 17 <i>William White, Bishop</i><br><b>See Every Friday Above</b>   | 18<br>10 am ECW Board                                                                                            |
| 19 <i>7th Sunday After Pentecost</i><br><b>See Every Sunday Above</b>                                                                                            | 20 <i>Stanton, Bloomer, Truth, Tubman</i><br><b>See Every Monday Above</b><br>7 pm Horticulture Mtg | 21<br>3 pm Churches in the Park Mtg<br>7 pm Vestry | 22 <i>Mary Magdalene</i><br>N Pastoral Mtg                                                                            | 23<br><b>See Every Thursday Above</b>                                    | 24 <i>Thomas a Kempis, Priest</i><br><b>See Every Friday Above</b> | 25 <i>St. James Apostle</i><br>9-3 Habitat for Humanity                                                          |
| 26 <i>8th Sunday After Pentecost</i><br><b>8 a.m. Holy Eucharist-Chapel</b><br><b>9:30 a.m. Church in the Park—No childcare provided</b><br>4 pm Loaves & Fishes | 27 William Reed Huntington, Priest<br><b>See Every Monday Above</b>                                 | 28<br>4 pm Education<br>4:45 Altar Guild           | 29 <i>Mary and Martha of Bethany</i>                                                                                  | 30 <i>William Wilberforce</i>                                            | 31 <i>Ignatius of Loyola</i><br>6 pm Adult Dinner-Wiederholt's     |                                                                                                                  |

Watch for updates in your Sunday Herald.

## July Sunday Ministries

Please save for reference throughout the month.

All Acolytes, Lectors, Readers & Cup Bearers, please gather with Fr. Charles in the Sacristy 15 minutes before the service to pray together.

If you are unable to fulfill your assigned obligation, please find a replacement and notify the office

| Date                                          | Time         | Acolytes                                     | Lectors                                  | Cup Bearers                         | Greeter/Ushers                                           | Coffee Hour                      |
|-----------------------------------------------|--------------|----------------------------------------------|------------------------------------------|-------------------------------------|----------------------------------------------------------|----------------------------------|
| 5<br>Fifth<br>Sunday<br>After<br>Pentecost    | 8 a.m..      | Matt Knudson                                 | Mary Flueger<br>Gordy Gieseke            |                                     | Mary Christensen                                         |                                  |
|                                               | 10 a.m.      | Nick Blue<br>Cam Koch<br>Caleb Dressen       | Gene Beckwith<br>Arlene Beckwith         |                                     | Gene & Arlene<br>Beckwith<br>Elaine Hoisington           | Peter &<br>Barbara<br>von Haaren |
| 12<br>Sixth<br>Sunday<br>After<br>Pentecost   | 8 a.m.       | Reid Johnson                                 | Katy Jeske<br>Mary Christensen           | Gordy Gieseke                       | Mary Christensen                                         |                                  |
|                                               | 10a.m.       | Preston Blaney<br>Grace Lambert<br>Nick Blue | Heather Flueger<br>Margaret Baker        | Donald Mayo<br>Alice Nelson         | Gene & Arlene<br>Beckwith<br>Elaine Hoisington<br>Family | Bill & Becky<br>Foot             |
| 19<br>Seventh<br>Sunday<br>After<br>Pentecost | 8 a.m.       | Ruth Lambert                                 | Catherine Johnson<br>Randy Johnson       | Randy Johnson                       | Mary Christensen                                         |                                  |
|                                               | 10 a.m.      | Preston Blaney<br>Caleb Dressen<br>Cam Koch  | Chuck McMillen<br>Mary Kolderie          | Dawna<br>McMillen<br>Lorraine Remus | Gene & Arlene<br>Beckwith<br>Elaine Hoisington           | Chuck & Dawna<br>McMillen        |
| 26<br>Eighth<br>Sunday<br>After<br>Pentecost  | 8 a.m.       | Reid Johnson                                 | Charlene Friedrich<br>Mary Ann Valentine | Mary Ann<br>Valentine               | Mary Christensen                                         |                                  |
|                                               | 9:30<br>a.m. | <b>Church in the Park</b>                    |                                          |                                     |                                                          |                                  |

Altar Guild: Mary Heckman-Chair, Betty Stolpa-CoChair, Pat Welke, Mary Ann Valentine, Jeannie Featherstone, Jane Smith. Jeannette Wilson-Altar Guild Directress

**Plan to attend Churches in the Park on the 4th Sunday  
of July and August in Central Park.  
Bring your lawn chair. Join with other congregations  
to worship together.**

# AUGUST 2009 CALENDAR OF EVENTS

| Sun                                                                                                                                                   | Mon                                                                                                                              | Tue                                                                                                    | Wed                                                                                                                   | Thu                                                                                                   | Fri                                                                                                                             | Sat                                                                                                                    |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| <b>Every Sunday</b><br>8 am Holy Eucharist-Rite<br>1 Chapel<br>9:45-11:30 am Child Care<br>10 am Holy Eucharist-Rite 2 Church<br>5 pm CA.<br>7 pm AA  | <b>Every Monday</b><br>Rector's Day Off                                                                                          |                                                                                                        | <b>Every Wednesday</b><br>10 am Holy Eucharist, Chapel<br>11 am CEC Staff Mtg<br>11 am Women's Bible Study<br>6 pm CA | <b>Every Thursday</b><br>Noon AA Mtg<br>7:30 pm GA                                                    | <b>Every Friday</b><br>Rector's Sabbath Day                                                                                     |                                                                                                                        |
|                                                                      |                                                                                                                                  |                                                                                                        |                                                                                                                       |                                                                                                       |                                                                                                                                 | <b>Vacation Bible School</b><br>August 17-20, 2009—5-8 p.m.<br>Contact the office or download a form from the website. |
| 2 9th Sunday After Pentecost<br><b>See Every Sunday Above</b><br>9 am LEV Meeting<br>10 am Church on the Lawn<br>11 am—2 pm River City Days Food Tent | 3 <b>See Every Monday Above</b>                                                                                                  | 4 6:15 pm Hospitality                                                                                  | 5 <b>See Every Wednesday Above</b>                                                                                    | 6 <i>The Transfiguration</i><br><b>See Every Thursday Above</b>                                       | 7 <i>John Mason Neale, Priest</i><br><b>See Every Friday Above</b><br>5 pm Wedding rehearsal<br>6 pm Relay for Life Cancer Walk | 8 <i>Dominic, Priest &amp; Friar</i><br>10 am Liturgy Mtg<br>3 pm Wedding                                              |
| 9 10th Sunday After Pentecost<br><b>See Every Sunday Above</b>                                                                                        | 10 <i>Lawrence, Deacon &amp; Martyr</i><br><b>See Every Monday Above</b><br>4:30 pm G.I.F.T. mtg<br>5:30 p.m. Property Committee | 11 <i>Clare, Abbess</i><br>6:30 pm Outreach                                                            | 12 <i>Florence Nightingale</i><br><b>See Every Wednesday Above</b>                                                    | 13 <i>Jeremy Taylor, Bishop</i><br><b>See Every Thursday Above</b><br>Noon Finance Mtg<br>4:30 HR Mtg | 14 <i>Jonathan Myrick Daniels</i><br><b>See Every Friday Above</b>                                                              | 15 <i>St. Mary, the Virgin</i><br>10 am ECW Board                                                                      |
| 16 11th Sunday After Pentecost<br><b>See Every Sunday Above</b><br>2:30-9 pm Youth Group<br>Rock the River Concert                                    | 17 <b>See Every Monday Above</b><br><b>Caller Items Due</b><br>7 pm Horticulture Mtg                                             | 18 <i>William Porcher Dubose, Priest</i><br>7 pm Vestry                                                | 19 <b>See Every Wednesday Above</b>                                                                                   | 20 <i>Bernard, Abbot</i><br><b>See Every Thursday Above</b>                                           | 21 <b>See Every Friday Above</b>                                                                                                | 22                                                                                                                     |
| <b>Vacation Bible School</b>                                                                                                                          |                                                                                                                                  |                                                                                                        |                                                                                                                       |                                                                                                       |                                                                                                                                 |                                                                                                                        |
| 23 12th Sunday After Pentecost<br>8 a.m. Holy Eucharist-Chapel<br>9:30 a.m. Church in the Park<br>No childcare provided                               | 24 <i>St. Bartholomew, Apostle</i><br><b>See Every Monday Above</b>                                                              | 25 <i>Louis, King of France</i><br>3 pm Churches in the Park Mtg<br>4 pm Education<br>4:45 Altar Guild | 26 <b>See Every Wednesday Above</b><br>N Pastoral Mtg                                                                 | 27 <i>Thomas Galludet and Henry Winter Syle</i><br><b>See Every Thursday Above</b>                    | 28 <i>Augustine, Bishop of Hippo</i><br><b>See Every Friday Above</b><br>6 pm Adult Dinner—Champps-Woodbury                     | 29<br>9:30 am Lector's Mtg                                                                                             |
| 30 13th Sunday After Pentecost<br><b>See Every Sunday Above</b><br>N-8 pm Youth Group<br>Valley Fair                                                  | 31 <b>See Every Monday Above</b>                                                                                                 |                     |                                                                                                                       | September 7<br>  |                                                                                                                                 |                                                                                                                        |

## August Sunday Ministries

Please save for reference throughout the month.

All Acolytes, Lectors, Readers & Cup Bearers, please gather with Fr. Charles in the Sacristy  
15 minutes before the service to pray together.

If you are unable to fulfill your assigned obligation, please find a replacement and notify the office

| Date                                                                                                                                                            | Time      | Acolytes                                     | Lectors                             | Cup Bearers                      | Greeter/Ushers                                       | Coffee Hour                            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|----------------------------------------------|-------------------------------------|----------------------------------|------------------------------------------------------|----------------------------------------|
| 2<br>Ninth<br>Sunday<br>After<br>Pentecost                                                                                                                      | 8 a.m..   | Matt Knudson                                 | Gordy Gieseke<br>Mary Flueger       | Gordy Gieseke                    | Jean Featherstone                                    |                                        |
|                                                                                                                                                                 | 10 a.m.   | Nick Blue<br>Caleb Dressen<br>Cam Koch       | Leslie Bensed<br>Judy Mann          | Dawna McMillen<br>Donald Mayo    | Margaret Baker<br>Norma Neufeldt<br>Geoffrey Johnson | Nada<br>Peters<br>Barb<br>Anders<br>on |
| 9<br>Tenth<br>Sunday<br>After<br>Pentecost                                                                                                                      | 8 a.m.    | Reid Johnson                                 | Mary Christensen<br>Katy Jeske      | Mary Ann Valentine               | Jean Featherstone                                    |                                        |
|                                                                                                                                                                 | 10a.m.    | Matt Knudson<br>Grace Lambert<br>Cam Koch    | Lorraine Remus<br>Peter von Haaren  | Lorraine Remus<br>Mary Kolderie  | Margaret Baker<br>Norma Neufeldt<br>Geoffrey Johnson | Mike &<br>Pat<br>Martin                |
| 16<br>Eleventh<br>Sunday<br>After<br>Pentecost                                                                                                                  | 8 a.m.    | Ruth Lambert                                 | Randy Johnson<br>Catherine Johnson  | Randy Johnson                    | Jean Featherstone                                    |                                        |
|                                                                                                                                                                 | 10 a.m.   | Nick Blue<br>Caleb Dressen<br>Preston Blaney | Donald Mayo<br>Pam Dressen          | Alice Nelson<br>Terry Van Allen  | Margaret Baker<br>Norma Neufeldt<br>Geoffrey Johnson | Steve<br>& Ellie<br>Reinitz            |
| 23<br>Twelfth<br>Sunday<br>After<br>Pentecost                                                                                                                   | 8 a.m.    | Cam Koch                                     | Gordy Gieseke<br>Charlene Friedrich | Mary Ann Valentine               | Jean Featherstone                                    |                                        |
|                                                                                                                                                                 | 9:30 a.m. | <b>Churches in the Park</b>                  |                                     |                                  |                                                      |                                        |
| 30<br>Thirteenth<br>Sunday<br>After<br>Pentecost                                                                                                                | 8 a.m.    | Matt Knudson                                 | Mary Ann Valentine<br>Mary Flueger  | Mary Ann Valentine               | Jean Featherstone                                    |                                        |
|                                                                                                                                                                 | 10 a.m.   | Preston Blaney<br>Grace Lambert<br>Nick Blue | Pat Welke<br>Gene Beckwith          | Lorraine Remus<br>Dawna McMillen | Margaret Baker<br>Norma Neufeldt<br>Geoffrey Johnson |                                        |
| Altar Guild: Sharon Bryan-Chair, Mary Christensen-Co Chair, Maureen Blue, Marilyn Grosse, Alice Nelson, Dawna McMillen. Jeannette Wilson-Altar Guild Directress |           |                                              |                                     |                                  |                                                      |                                        |

Christ Episcopal Church  
321 West Avenue  
Red Wing, MN 55066  
christchurchredwing.com

Non Profit Organization  
U. S. Postal Permit 235  
Red Wing, MN 55066



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# River City Days

## River City Day's Food Tent Sunday, August 2<sup>nd</sup>

Christ Church will have a food tent again during the River City parade on Sunday, August 2<sup>nd</sup>, from 1 a.m. to 4 p.m. We need lots of help—many to do a little work rather than a few do a lot of work. Part of the profits will go to Habitat for Humanity, and the rest be seed money for fixing/replacing the stove and dishwasher in the kitchen.

A clipboard with three sheets of volunteer jobs will be passed around at the 8 a.m. and 10 a.m. church services during the month of July. This seems to be the best way to recruit volunteers rather than a sign up sheet on the church bulletin board. The food tent will be set up on Saturday, so those who have done it before, please sign up; and those who want to learn, sign up, and we will gladly teach you how.

For new members this is a great way to get to know some of the parishioners and a great way to get to know you.

**Email addresses:** If you have an email address, please notify the church office. We are updating our records and compiling an up-to-date list for church emailings.



**SuperHeroes of the Bible  
Vacation Bible School  
August 17-20, 2009**

**Please save this newsletter for future reference. The next newsletter will be mailed in September. All information available for the July/August is included in this publication.**